

Dunstable School Scoop, October - 2011



A small school with a BIG heart!
**Where students have the "Freedom to Grow" and the
"Opportunity to Learn"**

From the Desk of the Principal:

It is hard to believe that October is upon us and that September blew by, with setting up class-room routines and the settling in of our students. As well, it was wonderful to meet many of you at Meet the Staff Night.



Despite the quick start, there seems to be little slowing down as we enter the fall season and the next stage of the learning process. Teachers spent the better part of September establishing benchmarks and learning goals for students. As well, we wrapped up September with our annual commemorative and cancer research fundraiser with the Terry Fox Run in Fort Assiniboine and congratulations to everyone for a tremendous fundraising effort as we raised over \$600 for the cause. In addition, our community also contributed over \$400 for Heidi Peters Trust Fund. Please accept a heartfelt "thank you" to all for your help in this community service effort!

As you may already know, we are on a journey of building a positive school climate and always seeking ways to improve it, in particular, how students are behaving with respect to one another. We now have an unofficial classroom motto that we are a "safe and caring learning community." The focus remains on high expectations for behaviour, and teaching and learning. We appreciate all your positive feedback on the efforts undertaken here at the school to help your children feel welcome, cared for, and ready to learn.

Finally, as it is October, we must take the time to remember how much we have to be grateful for - our health, our family and all the other blessings in our lives. On behalf of the staff at Dunstable School, we'd like to wish you a Happy Thanksgiving!

Steven Kaplan, Principal

Important dates in October:

- Oct. 4 @ 12 - Goal setting evenings
- Oct. 6 - Hot Dog Day
- Oct. 7 - No School in PHRD today
- Oct. 10 - Thanksgiving. No school in PHRD
- Oct. 11 - Bus Safety Program. Soccer Game @ Busby @ 3:30 p.m.
- Oct. 13 - Pasta Hot Lunch. Fire Prevention Presentation @ 2:30 p.m.
- Oct. 14 - Soccer tournament @ Busby - Grade 4-6. Start time: 10 a.m.
- Oct. 18 - School pictures @ 9:00 a.m.
- Oct. 20 - Hot Lunch Day. Ham & Perogies
- Oct. 21 - Dunstable Day. No school here
- Oct. 26 - EARLY DISMISSAL
- Oct. 27 - Volleyball @ Westlock
- Oct. 28- Extra Kindergarten Day
- Halloween Activities
- Oct. 31 - Dunstable Day. No school here
- Nov.01- **Dunstable Day. No school here**
- Nov.02 - **Volleyball @ Dunstable**
- Nov.03 - **Hot Dog Day!**

On **October 4th & 12th** "goal setting" conferences will be held from 4:30 - 7:45 p.m. for **grades 1-6**. **Phone the school for an appointment.**



For Kindergarten only:

If you did not make it to goal setting conferences on Tuesday, Oct. 4th, please phone the school to book a 15 minute time slot for you and your child to meet with the classroom teacher at noon hour on a Tuesday or Thursday in October.

Fire Prevention Week is

October 9th to 15th. On **October 13th** the "Fire Fighters" will be at Dunstable School to talk to K-6 about "Fire & Safety Prevention Techniques".



Just a Reminder: If your child has any **medical issues** that the school should be aware of, please fill out the blue sheet that was sent home and return it to the school. We take a list of "medical concerns" when we go on field trips so all teachers are aware of potential problems that may occur.

Please have your child **leave their electronic devices at home**. These items are usually quite expensive and could easily get lost at school.



"Breakfast program" and Hot Dog Day/ Hot Lunch in October are as follows:

The breakfast snack program in October will be every Tuesday and Thursday morning.

Hot Dog day - Thursday, October 6th

Hot Lunch days -

Oct. 13th - Pasta Hot Lunch (courtesy of the Hot dog/Hot lunch moms, - no charge)

Oct. 20th - Ham & Perogies for \$2.00

School Pictures will be on October 18th. (see attached information sheet) Pre-school children are welcome to come and get their pictures taken. If you plan on bringing the little ones please bring them at 9:00 a.m.



Birthdays in October:
Natasha Kootenay!



"Family Active Living"

Physically active lifestyles have been linked to a decreased likelihood of health problems, including type-2 diabetes, cardiovascular disease, colon cancer, obesity and osteoporosis, and families who are active together report stronger relationships within the family. Benefits of family physical activity include: better health; improved fitness; better posture and balance; better self-esteem; weight control; stronger muscles and bones; feeling more energetic; relaxation and reduced stress; continued independence in life; lower risk of chronic disease; improved sleeping habits; improved mental function; and improved relationships.

There are many ways families can grow together and stay healthy. It is a wonderful way to build a positive relationship with your children and help them staying physically healthy by getting outside and playing with them. Your children love that!! We know that there are many local resources that also help individuals and families stay fit, which include: pilates, volleyball and ju-jit-su at the school, personal fitness consulting and Boot camp in Busby, among other things.



Our **Halloween** activities will be held in the afternoon, on Friday, October 28th. (this is also an **extra kindergarten day**)

Please **do not** send your child dressed in their Halloween costume in the morning. Students will be given time after noon hour to put their costumes on. Our costume parade will take place at approx. 1:15 p.m. Parents and play school children are invited to join us in the afternoon. Grade 5-6 will be organizing activities for our students to take part in after the costume parade. Hope to see you there!



Mark Your Calendars!! Dunstable Annual Craft Sale will be on **Sunday, November 20th**, from **10:00 a.m. to 3:00 p.m.** There will be a wide variety of items to choose from, so come on out and get an early start on your Christmas shopping! Contact Kathy @ 780-674-8638 to book a table.

We will be having a "**Used Book Sale**" in conjunction with the Craft Sale. If you have any used books, we would love to have them for our sale!



Welcome Evening: Thank you to everyone who came out to the "Pot Luck and Meet the Staff" evening! A good time was had by all. We really appreciated your input concerning our "School Goals".



Milk Program -We will be offering both white and chocolate milk again this year. The price this year will be 70 cents or \$7.00 per milk card. (which gives students 10 "punches" on the card) We would like to encourage our students to eat as healthy as possible. Please do not send pop to school.



School Fees are now past due.

School Fees for this year are as follows:

Kindergarten = \$60.00 (Includes agenda fee and \$1.00 for basic insurance)
Grades 1-6 = \$70.00 (Includes agenda fee & \$1.00 for basic insurance)

A variety of payment options are available:

- Cheque made out to Dunstable School
- Cash payment
- Visa- Payment to be made at PHRD office
- Payment Plan - Post dated cheques attached to payment plan (available at the school)

Please note: There is a discount (on instructional fees only) for families with 4 or more children attending PHRD schools.

Insurance - Your child has basic insurance coverage through your instructional fee payment. If you want more coverage, refer to the brochure that was sent home earlier in September.

Classes/lessons offered at Dunstable this fall are as follows:

Pilates is under way. For more info or to register contact Cindy @ 780-967-3013.



Music Lessons - At Dunstable School on Wednesdays from 12:30 - 5:45 p.m.



"FLY" choral group still has room for students who would like to take part. For more info call Connie @780-967-3355.

Jujitsu - Lessons are on Fridays, @ 6:30 p.m. For more info contact Joseph @ 780-967-5941.



Adult Volleyball - Wednesdays from 6:30 - 8:00 p.m. For more info phone Kathy @ 780-674-8638.



Soccer is winding down. On **October 11th, Dunstable** will be at Busby for a 3:30 p.m. game. On **October 14th**, the Elementary **Soccer Tournament** will be held at **Busby** starting at 10:00 a.m. Come on out and cheer on our students!

Volleyball will be starting up on Thursday, Oct. 27th. Dunstable plays at Westlock @ 4:00 p.m.

On **Wednesday, Nov. 2nd**, Busby will be at Dunstable for volleyball @ 4:00 p.m.

Our **Resource Officer** will be in our school for special presentations approximately once per month. Constable Johnson is also teaching the D.A.R.E. program to the grade 5-6 this term.



Congratulations to those who took part in the Cross Country Run at the Westlock Golf Course. Special thanks to Mr. Kaplan and Mrs. Beattie for accompanying our Grades 4-6 students on this run. Special thanks to Mr. Kaplan for driving the bus!



Please remember to have your child **dress for the weather**. The policy at Dunstable is to go outside for recesses and noon hour. Fall is fast approaching and the weather is changing so warmer clothing is essential.



Playschool is now underway! We welcome **Ehren Dubvosky**, our playschool instructor for this year!

To join our playschool group, phone Blythe @ 780-349-5856.

Parents Please Note: If your children are staying for "after school" events, please indicate this in your child's agenda or phone the school. As a courtesy, let their bus driver know as well as they are responsible for your kids too.

Be sure you are here before the busses leave, if you are picking your child up after school and haven't notified anyone. When busses pull out students will be expected to board the bus unless you have contacted us via agendas or phone call.

We will be collecting **pop tabs** again this year **but not** the Campbells Soup Labels. We also recycle our juice/pop cans and milk cartons. Thank you to those who pick up our recycle items and take them to the depot. Students and staff really appreciate your efforts!



From School Council

The next School Council meeting for 2011-12 school year will be on **Tuesday, November 8th @ 7:00 pm**. Babysitting will be provided. Come on out and support your School Council!



The School Council Executive for this year has been established.

Chairperson - Kyla Mackey
Vice Chairperson - Donna Kristiansen
Treasurer - Kathy Sloan
Secretary - Patricia Jinks
Fundraising - Dorie George

The Magazine Fundraiser information has already gone home. Remember, the **final collection date is October 27th**.

Our **virtue** for the month of October is "**Thanksgiving**".



*Not what we say about our blessings, but how we use them, is the true measure of our "**Thanksgiving!**"* Anonymous

Have a wonderful **Thanksgiving Day** with your loved ones!